



Together we learn, together we succeed

PGL Kit List 2022

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

Kit for the first day to bring/wear

Waterproof coat

Jumper/hoodie

Long sleeved top

Long trousers

Outdoor shoes

Packed lunch

Water bottle (reusable)

Rucksack

Book to read

One small travel game (eg. Pack of playing cards)

£10 pocket money (split into 5 small named envelopes, £2 in each) – to be given in to Mrs Wickens on arrival at school.

Medication

Travel sickness tablets should be taken before arriving at school on Monday 4th. For the return journey please give a travel sickness tablet with completed form to Mrs Lord.

Any prescribed medication should be brought in original packaging with completed form to Mrs Lord.

Kit to pack in large holdall or suitcase (Your child has to be able to carry or drag it)

3/4 Jumpers / Hoodies

3/4 Long sleeved tops

3/4 pairs of long trousers (Not jeans as they get heavy and cold when wet)

Underwear and socks (not trainer socks as they need to cover ankles when participating in activities)

Nightwear

Warm hat and gloves

2 sets of clothes for evening activities

Nightwear

Disco outfit

(optional – one item of makeup)

Footwear

Two pairs of old trainers (one pair will be used for water sports)

1 pair of dry shoes for evening activities

Other items

Labelled black sack for wet and dirty clothes

Washbag – including soap, shampoo, toothbrush and toothpaste (please do not bring aerosols)

2 towels

Torch for evening adventures

PLEASE DO NOT BRING

Electrical devices – Mobile phones, handheld game consoles, smart watches

Jewellery/valuables

Aerosols

Sweets, treats or crisps (These will be available for them to buy from the shop in a controlled way each day) – please note: Any such items found in children's luggage will be confiscated by Ruser Staff and returned at the end of the trip.